



# TAYLOR HARDIN TIMES FEBRUARY 2022

## SENDING MAIL?

If you are sending mail to a loved one, please include patient's name on the envelope as well as a complete return address with your name included. If you are sending a money order or check, it **MUST** include the name of the patient, person sending the funds, and a return address. You can only send funds to your loved one.

## FAMILY EDUCATION

Family Education Meetings are scheduled for the **THIRD** Friday of each month from  
3:00 pm - 3:30 pm

Zoom ID: 545 674 8107

## INFORMATION REGARDING VISITATION

Due to the increase in COVID-19 and to support the safety and wellness of our patients, staff, and patient family members, all visitations have been postponed until further notice. If you have any questions or concerns, please contact your loved ones social worker. You can find their contact information on the back of the newsletter at the bottom.

## BLACK HISTORY MONTH 2022 - BLACK HEALTH AND WELLNESS

The theme for 2022 focuses on the importance of Black Health and Wellness. This theme acknowledges the legacy of not only Black scholars and medical practitioners in Western medicine, but also other ways of knowing (e.g., birthworkers, doulas, midwives, naturopaths, herbalists, etc.) throughout the African Diaspora. The 2022 theme considers activities, rituals and initiatives that Black communities have done to be well. For further information please visit the Association for the Study of African American Life and History website at <https://asalh.org/black-history-themes/>

ASSOCIATION FOR THE STUDY OF AFRICAN AMERICAN LIFE AND HISTORY®

### THE 2022 BLACK HISTORY THEME BLACK HEALTH AND WELLNESS



## MARK YOUR CALENDARS

- February 1 - National Freedom Day, Korean New Year, and Chinese New Year
- February 2 - Candlemas Day and Groundhog Day
- February 4 - World Cancer Day
- February 5 - Kashmir Solidarity Day
- February 6 - Waitangi Day
- February 7 - National Black HIV/AIDS Awareness Day
- February 11 - National Foundation Day
- February 14 - National Donor and Valentines Day
- February 15 - Lantern Festival
- February 16 - Makha Bucha
- February 18 - National Caregivers Day
- February 19 - Shivaji Jayanti
- February 21 - Nova Scotia Heritage Day and President's Day
- February 25 - Carnival of Brazil
- February 26 - Kuwait Liberation Day

## FEBRUARY INTERESTING FACTS

- Month for Aquarius and Pisces
- Birthstone - Amethyst
- Flower - Primrose
- Abraham Lincoln and Fredrick Douglass were both born in February

## WE WANT TO ANSWER YOUR QUESTIONS

THSMF's Main Telephone number is (205) 462-4500. You may choose to use the automated system in which you select a number for the department and then the staff member you want to speak to. If you have a question related to treatment progress, Treatment Team meetings, visitation, etc. and want to speak with a social worker, you may call directly as listed below:

Lori Ellard, Director of Social Work (205) 462-4650

Melinda Calligan, Placement Coordinator (205) 462-4651

Jamesha Gardner, ACE Program (205) 462-4652

Alexis Pullins, ACE Program (205) 462 - 4569

Leia Brown, BEST Program (205) 462 - 4566

Jessica Hanby, BEST Program (205) 462-4658

Chloe Tilley, CARE Program (205) 462-4543

Sarah Garner, CARE Program (205) 462-4656

Brittney McCreary, DREAM Program (205) 462-4655